



"Blessed are the Poor"
2026-2027

Ignite Your Passion
Empower His Mission

January: New Year, New Beginnings

1. Donate warm clothing and blankets to a local homeless shelter. Include a prayer card and rosary.
2. Host an ecumenical service and invite different faith community members.
3. Write a resolution. See [*Poverty Trends 2025: Pathways from Poverty to Rights & Well-being*](#) available on the Citizens for Public Justice [website](#).

February: Month of Love and Compassion

1. Visit members in seniors' homes, bring them a care package and pray with them.
2. Sponsor participants in the Coldest Night of the Year Event.
3. Host a speaker on human trafficking for the parish.

March: Lenten Season of Giving

1. Celebrate the World Day of Prayer.
2. Volunteer at a soup kitchen.
3. Adopt a single parent for a day.

April: Easter Renewal

1. Host a children's easter social after Mass.
2. Organize an easter egg hunt at a women's shelter.
3. Have a food collection and take it to a shelter.

May: Month of Mary—Mother of the Poor

1. Pray the rosary with your family.
2. Wear a red dress on May 5th for the Red Dress Campaign.
3. Collect diapers, baby formula and baby clothing for mothers in crisis or pregnancy centres.

June: Solemnity of the Sacred Heart of Jesus/Indigenous Relations

1. Host an exposition of the Blessed Sacrament on June 11th.
2. Plan a smudging ceremony for your council.
3. Hold a community outreach barbecue.



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July: Grandparents, The Elderly, and Friends

1. Visit someone living alone.
2. Take an elderly neighbour to Mass.
3. Check in with a friend or make a new friend.

August: Youth

1. Organize a Catholic Girls League information day.
2. Collect school supplies.
3. Attend the national convention in Halifax.

September: National Faith / Care for Creation / Indigenous Relations

1. Host a community clean-up.
2. Host a Care for Creation Sunday.
3. Have an Orange Shirt social.

October: Care for the Poor

1. Host a Sisters in Spirit vigil.
2. Host a Purple Thursday event.
3. Have an education session on the eradication of poverty.

November: Homelessness

1. Bring prayer books to a shelter.
2. Have your meeting in a seniors'/nursing home where some members live.
3. Visit veterans in care homes.

December: Christianity

1. Host a prayer service on December 6th.
2. Christmas carolling for shut-ins.
3. Sponsor a family for Christmas.